

# VALUES

This document reproduces, as closely as possible, the “Values” flipcharts participants created during the Appreciative Inquiry workshops.

Participants were asked to share a personal story, about a time where they felt an "experience of the holy"; about an experience that may have expanded their hearts and minds; perhaps a moment of transcendence, joy, or wonder.

In groups, the participants discussed the values that were embedded in their stories, and then they worked together to create a list of values that they would want to pull forward into the future of our religious community.

The list of values from the various sessions are set forth below.

Values																
	<ul style="list-style-type: none"> <li>• Generosity</li> <li>• Connections</li> <li>• Transformative Moments</li> </ul>															
	<ul style="list-style-type: none"> <li>• One-ness               <ul style="list-style-type: none"> <li>○ Intimacy (vastness, Nature)</li> <li>○ Community</li> </ul> </li> <li>• Resonance (not necessarily Harmony or Dissonance)</li> </ul>															
	<ul style="list-style-type: none"> <li>• Interconnectedness</li> <li>• Wholeness</li> <li>• Wonder</li> </ul>															
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Connectedness</td></tr> <tr><td>Communal/Sacred experience</td></tr> <tr><td>Intimacy</td></tr> <tr><td>Aesthetic</td></tr> <tr><td>Empathy</td></tr> <tr><td>comfort</td></tr> <tr><td>Joy</td></tr> <tr><td>Compassionate</td></tr> <tr><td>Unmediated experience</td></tr> <tr><td>Compassion</td></tr> <tr><td>Mutual respect</td></tr> <tr><td>Transformation</td></tr> <tr><td>Appreciation of qualities in others</td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>	Connectedness	Communal/Sacred experience	Intimacy	Aesthetic	Empathy	comfort	Joy	Compassionate	Unmediated experience	Compassion	Mutual respect	Transformation	Appreciation of qualities in others		
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Transformation																
Appreciation of qualities in others																

Community (caring/acceptance/teamwork)
Personal growth/creativity
Integrity
Justice/Equity
Transcendence and beauty
Respect, for community and individual
Appreciation - <ul style="list-style-type: none"> <li>• being part of something greater</li> <li>• of all people (we are linked)</li> <li>• (theme song might be Blue Boat Home)</li> </ul>
Getting outside of yourself
Getting outside of time
Being challenged Truth seeking Transcendence/Awe Willingness to accept reality Freedom Connection Comfort/Solace Simplicity
Listen with empathy
Learn lifelong
Respect differences (institution and members)
Diversity in community
Growth of heart and mind
Connection to earth
Deep personal connection
Sense of meaning from being part of a greater whole
Opportunity to be with people who are different in a spirit of acceptance
Freedom of choice
Caring and support
Commitment to justice - making the world a better place
The church as a non-judgmental buffet
Connectedness
Communal/Sacred experience
Intimacy
Aesthetic

	Empathy	
	Appreciation of qualities in others	
	Joy	
	Compassionate	
	Unmediated experience	
	Compassion	
	Mutual respect	
	<ol style="list-style-type: none"> <li>1. Acceptance</li> <li>2. Connection</li> <li>3. Justice</li> <li>4. Reverence for nature and human interaction</li> <li>5. Acknowledge that mystery exists</li> <li>6. Help us be better people (and to be reminded)</li> <li>7. Connection</li> <li>8. Responsibility</li> <li>9. Acceptance</li> <li>10. Growth and caring for others</li> <li>11. Reverence and awe</li> <li>12. Inspiration and flow (in the present)</li> <li>13. Exploration and reaching out</li> <li>14. Belonging</li> <li>15. Silent awareness</li> <li>16. Appreciation for differences</li> <li>17. Opportunities for working together with a goal of intimacy and relationships</li> <li>18. A feeling of being at home</li> </ol>	
	<p>Courage  Creativity  Compassion  Freedom to act, to believe and to speak one's mind  Forgiveness</p>	

Empathy Caring Giving Forgiveness Gratitude Appreciation Transformation Peacefulness Being in nature		
Community Trust networking Social Support Opportunities for leadership Learning Safe places to teach/Learn how to grow Exploring spirituality Social and environmental justice Volunteer service Environmental stewardship Care and respect for natural world		
Universalism		
Acknowledge mystery exists		
Creativity- Arts		
Authenticity		
Serving		
Exploration (openness and intellectual inquiry)		
Quietness/Solitude		
Oneness		
Refuge		
Reverence for Nature		
Comfort		
Open to possibility of personal transformation		
Giving and receiving support in human community		
Seeing divinity in others/connection with something beyond		
Valuing others		
Seeking to understand and not be understood (nonjudgmental)		
Valuing children and family and a sense of openness		
Warmth		
Joy and delight		

Multicultural diversity, with education Community Grace: connections beyond self Acceptance Solitude Inclusivity, cultural bridge building Service to others Beloved community/Altruism	
<ul style="list-style-type: none"> <li>• Unification</li> <li>• Respect/Communication</li> <li>• Love/Passion</li> </ul>	
<ul style="list-style-type: none"> <li>• Admiration, awe/wonder</li> <li>• Kindness/friendship</li> <li>• Connectedness</li> </ul>	
<ul style="list-style-type: none"> <li>• Acceptance</li> <li>• Being at peace</li> <li>• Community</li> </ul>	
<ul style="list-style-type: none"> <li>• Clarity of thought, purpose</li> <li>• Acceptance/Compassion, exploration</li> <li>• Community</li> </ul>	
<ul style="list-style-type: none"> <li>• Family</li> <li>• Respect</li> <li>• Thankfulness</li> </ul>	
<ul style="list-style-type: none"> <li>• Family</li> <li>• Trust</li> <li>• Acceptance</li> </ul>	
<ul style="list-style-type: none"> <li>• Music</li> <li>• Community Outreach</li> <li>• Interdependence</li> </ul>	
Opportunity to for quiet contemplation	
Music as a gateway to the holy	
Timelessness	
Opportunity for connection	
Acceptance	
Family and comfort	
Affirmation	
Gratitude	
A safe place	

<p>Growth/Change  Inspiration  Connection, (mentioned 3 times)  Family  Compassion  Empathy  Appreciation of nature and beauty of sanctuary and silence  Combined with joy of music (i.e. no clapping after music, no talking)  Mystery  Beauty  Respect  Comfort  Freedom  Genuineness (mentioned twice)</p> <p>The group mentioned that they liked all the values, but that together they convey a sense of peace and a sense of community</p>
<p>Connection (to nature and others)  Awareness/openness to spiritual experience  Acting in the name of love  Acceptance  Connection in community  Making a difference  Safety for our children (a safe place)  Channeling artistic talent for spiritual uplift  Being of service to the "other"</p>
<ol style="list-style-type: none"> <li>1. Connection/intimacy/community</li> <li>2. Being Comforted</li> <li>3. Being Challenged</li> <li>4. Freedom to choose, with intentionality</li> <li>5. Belonging to the whole/community</li> <li>6. Openness to wonder of life/appreciating the moment</li> </ol>
<ol style="list-style-type: none"> <li>1. Oneness with family</li> <li>2. Reverence for, and oneness with, nature</li> <li>3. Affirmation of our relationships with one another</li> <li>4. Sharing and caring</li> <li>5. Sharing our experiences with one another</li> <li>6. Nurturing and caretaking</li> <li>7. The affirming power of love</li> </ol>
<p>Appreciation  Connection</p>

	<p>Transcendence  Tolerance  Community  Acceptance  Caring for others  Creativity (problem solving and creative arts)  Reverence for the natural world  Community  Connection  Peace (through justice, transcendence, fairness and respect)  Grace  Acceptance  Family  Spiritual Freedom  Awe and reverence  Peace  Curiosity  Mutual respect  Compassion</p>						
	<ul style="list-style-type: none"> <li>• Transparency and honesty in thought and action</li> <li>• Live and let live</li> <li>• Effective leadership</li> </ul>						
	<ul style="list-style-type: none"> <li>• Awe and appreciation</li> <li>• Compassion</li> <li>• Personal care</li> <li>• Connection</li> <li>• Connection to the energy of the universe</li> <li>• Doing things in common</li> <li>• Touching people through the arts (sharing and not performing)</li> <li>• Physical connection (holding hands)</li> <li>• Opportunity to pause, and have a respite</li> <li>• Value of sanctuary</li> <li>• Connecting to something bigger</li> <li>• Appreciation for intellectual enlightenment</li> </ul>						
	<table border="1" style="width: 100%;"> <tr> <td data-bbox="261 1564 1218 1680"> <ol style="list-style-type: none"> <li>1. Community</li> <li>2. Consciously Open-minded</li> <li>3. Reverence</li> </ol> </td> <td data-bbox="1218 1564 1398 1680"></td> </tr> <tr> <td data-bbox="261 1680 1218 1795"> <ol style="list-style-type: none"> <li>1. Equity</li> <li>2. Agency</li> <li>3. Empathy</li> </ol> </td> <td data-bbox="1218 1680 1398 1795"></td> </tr> <tr> <td colspan="2" data-bbox="261 1795 1398 1906"> <p>Community: being known/knowning each other/caring/love/support/nurturing</p> </td> </tr> </table>	<ol style="list-style-type: none"> <li>1. Community</li> <li>2. Consciously Open-minded</li> <li>3. Reverence</li> </ol>		<ol style="list-style-type: none"> <li>1. Equity</li> <li>2. Agency</li> <li>3. Empathy</li> </ol>		<p>Community: being known/knowning each other/caring/love/support/nurturing</p>	
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	<p>Open-mindedness—freedom of inquiry</p> <p>Connection with something greater: natural world/social/political/metaphysical</p>	
	<ul style="list-style-type: none"> <li>-Communal, universal love with common human emotions</li> <li>- empathy and compassion</li> <li>-spiritual experiences</li> <li>-Compassion</li> <li>- Majesty and fragility of nature and beauty of it, are in awe</li> <li>- inter-relatedness of life</li> <li>-humility</li> <li>-reverence</li> <li>-miraculous, mystery</li> </ul>	
	<p>Nature</p> <p>Connectedness</p> <p>Outward Expression</p> <p>Human connection</p> <p>Reason/balance</p> <p>Appreciation of mystery</p>	
	<ul style="list-style-type: none"> <li>• Community</li> <li>• Receptivity to critical thinking and questioning</li> <li>• Appreciation/Reverence for life/mortality</li> <li>• Creating community</li> <li>• Commitment to action</li> <li>• Safe space that allows growth and resilience</li> <li>• Pluralism</li> <li>• Interconnectedness</li> <li>• Contentment</li> <li>• Connectedness</li> <li>• Nature/Energy</li> <li>• Honoring the individual</li> <li>• Being open to wonder</li> <li>• Achieving life goals</li> <li>• Finding meaning through the arts</li> </ul>	
	<p>Service-Social Justice</p>	
	<p>Help us be better people</p>	
	<p>Gratitude</p>	
	<p>Caring</p>	
	<p>Window into the Holy</p>	
	<p>Aspiration (seeking direction)</p>	

	Acceptance	
	Justice	
	Awe/Wonder	
	Transformation	
	<ul style="list-style-type: none"> <li>• Reinforcing and practicing family values</li> <li>• Ability to wonder and question (or not to do so)</li> <li>• Belonging</li> <li>• Community connection and belonging</li> <li>• Spirituality with emotional sharing</li> <li>• Helping (social action)</li> <li>• Respect of differences</li> <li>• Interconnectedness (people to people; people to nature; people with music)</li> <li>• Awe/inspiration by something that is larger than ourselves</li> </ul>	
	<ul style="list-style-type: none"> <li>• Connection</li> <li>• Serenity and harmony</li> <li>• Appreciation of nature</li> <li>• Searching</li> <li>• Being nonjudgmental</li> <li>• Intimacy at relationships</li> <li>• Learning new things</li> <li>• Taking care of others</li> <li>• Nurturing spiritual commitment</li> </ul>	
	transcendence belonging connection whole awareness and appreciation of the moment deep connection to people or nature compassionate support connecting through beautiful music valuing family and friends creating and honoring faith traditions (humor) empathetic justice joy and awe through sensory experiences wholeness through inclusive community	
	<ul style="list-style-type: none"> <li>• Connections</li> <li>• Hope</li> <li>• Respect for differing viewpoints</li> </ul>	